



Morning Routine Map



Print off this routine map and hang it in the bathroom/bedroom as a reminder of the morning routine. If you like, cut out the individual cards and stick them where they'll be needed

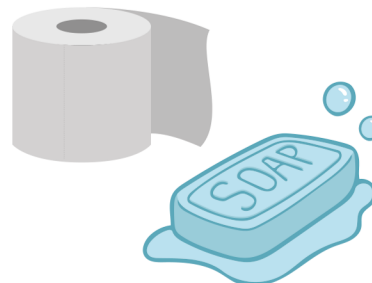
Wake Up



Toilet Time



Wipe Clean and wash hands



DON'T FORGET

1. After the toilet, have you wiped until the tissue is clean?
2. Use a moist toilet wipe to make it easier
3. Always wash your hands

Brush teeth and hair, wash face



Get dressed and make bed



Eat breakfast and grab bag

